# **Prayer for Integration of Alters**

Before the prayers, let us explain a little more so that you understand the prayers that are written down.

An Alter is a part of your soul that has broken off, it gets its own personality and character traits.

God created us with this ability so that before we are redeemed, we have a way to cope with traumatic situations that occur in our lives.

Once we are redeemed by the blood of the lamb, then Father God wants to come to heal those broken parts so that we can reach wholeness. Integration will lead to the healing of those traumatic events in your life.

(Psa 86:11) Teach me thy way, O LORD; I will walk in thy truth: unite my heart to fear thy name.

There are several parts to the prayer.

1. The alter needs to become a child of God by being saved, born-again and washed by the blood of Jesus Christ, if this is not done, it will bring more emotional upheaval than necessary.

This can be done by talking to the Alter, he or she has a personality and character, who often uses your voice, and you can talk to them, and ask them if they want to receive Jesus as their redeemer.

Then lead them in the prayer of redemption.

**“Lord Jesus Christ, I come before you today and ask forgiveness for all the sins I committed when protecting \_\_\_\_\_\_\_\_\_\_\_\_\_, I repent and ask your forgiveness, I want to become a child of God and follow Your ways”.**

1. The alter came about because of a trauma in your life, potentially it is accompanied by demonic powers, memories, curses, spells, weapons and special ties (soul ties). This is different in each situation and I let the Holy Spirit lead in what He wants to pray or just pray them all to ensure cleansing.

**“Lord Jesus Christ, cleanse every part of this Alter by Your blood, we lay them on Your altar and ask for the fire of God to cleanse through their whole being. We break off every memory, curse, spell, weapon and special ties (soul ties – mention any that come specifically into your spirit).**

**We break off every demonic stronghold that has entered at the time of the trauma in the name of Jesus Christ. (Take some time to listen to the Holy Spirit to see if He instructs about any specific bondages that are linked to this Alter).**

1. If the alter came through the trauma of sexual abuse, then pray for the blood of Jesus Christ’s cleansing on all sexual parts.

**“Lord Jesus Christ cleanse all our sexual parts by the blood of Jesus Christ, we want to be pure for You”.**

1. Numbers 2 and 3 are very important, when that has happened, then ask that the Alter to come and reunite with the real you.

**Alter (use the name of the Alter that you are praying for), would you come back to join the real me and make me whole again.**

1. Now healing of the traumatic event can start.

**“Heavenly Father would you please come and heal my spirit, heart, soul and mind of the trauma incident that occurred, I give it to you and ask you to bring the rivers of love of the Holy Spirit to bring wholeness and healing in me, thank you for doing this. Amen”.**